

PRE-K/TODDLER SCHOOL MENU

BREAKFAST & LUNCH INCLUDES: ASSORTED FRUIT, VEGETABLES, GRAHAM CRACKERS (PAIRED WITH PARFAITS/CEREAL), & 1% WHITE MILK
SNACKS ARE PROVIDED TO FULL-DAY STUDENTS & ALWAYS SERVED WITH 1% WHITE MILK



MON		TUE		WED  ALL ITEMS ARE PLANT-BASED ON WEDNESDAYS		THU		FRI	
BREAKFAST 2 Honey Cheerios, 1oz with Assorted Grahams		BREAKFAST 3 Pancakes Bites 		BREAKFAST 4 Trix Cereal, 1oz with Assorted Grahams		BREAKFAST 5 Banana Choc. Chip Bread 		BREAKFAST 6 Egg Scramble w/ Roll	
LUNCH Mac & Cheese Dinner Roll		LUNCH Grilled Cheese Sandwich		LUNCH Chow Mein Bowl 		LUNCH Italian Pull-Aparts with Cheese		LUNCH Hamburger 	
SNACK Strawberry Waffle Graham		SNACK Heart Pretzels		SNACK Savory Crackers, 1oz.		SNACK Colors Goldfish		SNACK Emoji Grahams	
BREAKFAST 9 Yogurt Parfait  with Assorted Grahams		BREAKFAST 10 French Toast Bites 		BREAKFAST 11 Bagel w/ Jam		BREAKFAST 12  Apple Cinnamon Bread 		BREAKFAST 13 Chocolate Chip Muffin Top 	
LUNCH Bean & Cheese Pupusa		LUNCH Bean & Cheese Empanada		LUNCH Kickin' Sandwich		LUNCH Special Holiday Menu! Barbacoa Bowl w/ Tortillas		LUNCH Mini Pizza Bites	
SNACK Strawberry Waffle Graham		SNACK Heart Pretzels		SNACK Savory Crackers, 1oz.		SNACK Colors Goldfish		SNACK Emoji Grahams	
BREAKFAST 16 Honey Cheerios, 1oz with Assorted Grahams		BREAKFAST 17 Pancakes Bites 		BREAKFAST 18 Trix Cereal, 1oz with Assorted Grahams		BREAKFAST 19 Banana Choc. Chip Bread 		BREAKFAST 20 Egg Scramble w/ Roll	
LUNCH Mac & Cheese Dinner Roll		LUNCH Grilled Cheese Sandwich		LUNCH Kickin' Nuggets  w/ Corn		LUNCH Italian Pull-Aparts with Cheese		LUNCH Hamburger 	
SNACK Strawberry Waffle Graham		SNACK Heart Pretzels		SNACK Savory Crackers, 1oz.		SNACK Colors Goldfish		SNACK Emoji Grahams	
23 WINTER RECESS 12/23		24 WINTER RECESS 12/24		25  WINTER RECESS 12/25		26 BREAKFAST Banana Muffin LUNCH Turkey & Cheese Anytimer SNACK Colors Goldfish		27 BREAKFAST Trix Cereal LUNCH Strawberry Sunbutter Sandwich SNACK Emoji Grahams	
30 BREAKFAST Honey Cheerios LUNCH Ham & Cheese Anytimer SNACK Strawberry Waffle Graham		31 WINTER RECESS 12/31		JAN 1  WINTER RECESS 1/1		JAN 2 BREAKFAST Blueberry Muffin LUNCH Grape Sunbutter Sandwich SNACK Colors Goldfish		JAN 3 BREAKFAST Trix Cereal LUNCH Turkey & Cheese Anytimer SNACK Emoji Grahams	



HOMEMADE ELEMENTS

**SAUSD SUPPORTS
LOCAL CALIFORNIA
FAMILY FARMS.
SELECT DAYS WILL
FEATURE FARM
FRESH PRODUCE.**



**Menu
Updates**

[click here](#)

scan here

***All cereals are Reduced Sugar: ≤ 6 grams**

Menu is subject to change without notice. This institute is an equal opportunity provider.